

2017 Spring SCY Super-League Champs

Hosted by DART @ DAVIS

Sponsored by SPEEDO

January 28 – 29, 2017

- Sanction:** Held under USA Swimming/Sierra Nevada Swimming Sanction Number:
“In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.”
- Invite:** DART, SMST, NBA, PASA, SCSC, SRN, PLS, Clovis, UCD
- Location:** **UC Davis Schaal Aquatic Center**, Peter J Shields Ave, Davis, CA, 95616. The Aquatic Center is located near the corner of Hutchison and LaRue on the UC Davis campus just behind the football stadium. From Hwy 113, take the Hutchison Drive exit (Rt). Take your first right hand turn on Health Science Drive. Go straight at the stop sign (keeping the football stadium on your left). This is the pool parking lot.
- Parking Fee:** Saturday and Sunday parking is free! Any teams that come to loosen up on Friday evening will have to pay the \$9 parking fee. UCD does a fantastic job of ticketing and tickets are \$50.
- Facility:** Outdoor, heated 65 meter course. We will plan to run 10 SCY lanes for prelims and finals.
- Certification:** In accordance with Article **202.4.9.C**, the competition course has a pool depth at the start end of 13' at 3' 3½" and 13' at 16' 5". At the turn end it is 7' at 3' 3½" and 7' at 16' 5". This pool has not been certified in accordance with 104.2.2C(4).
- Times:** **Saturday & Sunday** - Warm-ups will begin no earlier than 7a.m. and will continue until 8:20a.m. Competition will begin at 8:30 a.m. Finals are estimated to start at 5pm with warm-ups beginning at 4pm.
- Check-in:** The meet will be pre-seeded.
- Rules:** Current USA Swimming/Sierra Nevada Swimming rules shall govern the meet. All events are trials/finals. **Swimmers are limited to three individual events per day.** Swimmers that enter more than three individual events per day will be scratched from their last race.
- UCD Swim:** A two hour block will be required for UCD (SCY) to practice between prelims and finals on Saturday. This will need to be taken into consideration regarding finals start time on Saturday.

WARM-UP RULES: The following rules apply to the warm up period before each session, and to warm-up/down during the meet:

- Swimmers shall enter the water feet first while maintaining at least one hand on the pool deck until both feet touch the water (3 point entry), except for starts, which are limited to specified lanes.
- If used, lifeguards shall be on the pool deck during the entire warm up period.
- Up to 2 lanes can be used for pace 50's (Usually lanes 1 & 8) and up to 2 lanes for one-way sprints (Usually lanes 2 & 7).
- Specified center lanes are for circle swimming (2 lengths of the pool beginning at the starting end of the pool)
- Coaches shall stand at the starting end of the pool and verbally start swimmers for sprint or pace work.
- Swimmers are not allowed on the starting blocks when a backstroker is executing a start in the same sprint lane.
- The use of hand-paddles, kickboards, fins and other devices are not allowed during general warm-up. The use of hand-paddles at any time during which touch pads are installed is forbidden.

All USA Swimming athlete members entered in the meet must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any swimmer without a coach in attendance must report to the Meet Director or Meet Referee who may assist the swimmer in making arrangements for such supervision. It is the swimmer's responsibility to make such arrangements prior to the start of the meet.

The Meet Referee, Meet Director or a designee may remove a swimmer, coach, and/or team from the deck for violations of these rules.

According to 202.4.9D:

“Any swimmer entered in the meet must be certified by a USA Swimming Member Coach as being proficient in performing a racing start, or start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.” If an athlete is attending the meet without a USA Swimming member-coach, the Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the responsibility of the swimmer or their legal guardian to make such arrangements prior to the start of the meet.

SN Rule: Each team shall, by the entry deadline, provide to the Meet Director a list of officials who have agreed to represent that team during the conduct of the meet. One half-hour before the scheduled start of the meet, the Meet Referee shall conduct an inventory of officials comparing the number of entries against the number of officials present to represent each team. Those teams who have not provided sufficient officials shall have all their swimmers treated as “time only” in all respects for that session.

ELIGIBILITY: No swimmer will be allowed to compete unless the swimmer is a member of USA swimming as provided in Article 302. Entrants without a current Registration number on their entries must present a current Registration Card (or Swim Connection Registration Verification email) prior to competition. Any swimmers entering as “pending” or “applied for”, etc. will be verified with the SNS Registrar prior to the meet and, if validly pending, will be allowed to check-in and compete. No minimum time standard is required to enter an event. Swimmers with no official time for an event may enter that event with an estimated time. Note that Sierra Nevada Swimming does not allow swimmers to register for a USA Swimming Membership at the meet.

RESTRICTIONS:

Smoking, tobacco products, and alcoholic beverages are not allowed in all areas of the meet venue. Glass containers and pets are not allowed in the pool area. No personal heaters will be allowed in the pool facility. **In furtherance of the USA Swimming athlete protection program, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography of any form (video, digital, cell phone, iPad, SLR camera) is not permitted behind the starting end at any time. The use of flash devices at the start is also prohibited. According to 202.4.9I, Deck changes are prohibited.**

Entries: All entries will be submitted via a Hy-tek team entry file.

Entry Fee: \$50/swimmer. This fee includes a \$9/swimmer fee that will go to SN swimming. Make checks payable to **DART** and teams should bring the money to the swim meet.

SET UP: Schaal has limited bleacher space. Teams are encouraged to bring tents to set up in grass areas for swimmers. Coach tents, tables, and chairs will be provided by host team. **Swimmers and families will not be allowed to set up in the pool area until 6am on Saturday AM.**

Prelims: Fast to slow seeding with the first three heats of each event will be circle seeded. A swimmer qualifying for finals (**final-A – 10 swimmers**) based upon the results of the preliminaries, has thirty (30) minutes after the announcement of qualifiers for that race to notify the Scratch Desk that he/she may not intend to compete and further declares their final intentions to be noted within thirty (30) minutes following their last individual preliminary event. Any swimmer who fails to compete in an individual event in which preliminary heats are seeded will be barred from all further individual and relay events for that day. All subsequent days of the meet, if this swimmer wants to swim, they have to check in with the Administrative Referee before the next preliminary session is seeded. USA Swimming Scratch Rule #207.11.6 will be used at this meet. A swimmer must swim finals in order to receive points or an award.

Finals: **Finals will be set up with 3 finals (A,B,& C – Top 30 Swimmers).** Finals will start no earlier than 90 minutes after the completion of prelims. A coaches meeting at the beginning of the meet will decide the actual start time for finals each day. Swimmers will be seeded in the finals unless they have scratched. Any swimmer qualifying for a final that fails to compete shall be barred from further competition for the remainder of the meet except as noted in USA Swimming rules. For finals, there will be one heat of ten swimmers provided the minimum numbers of swimmers have entered an event. USA Swimming Scratch Rule #207.11.6 will be used at this meet. For

Event Schedule

Saturday, January 28th		
GIRLS #	EVENT	BOYS #
1	400 IM	2
3	100 Fly	4
5	200 Back	6
7	100 Free	8
9	200 Breast	10
11	500 Free	12
13	200 Medley Relay	14
Sunday, January 29th		
15	200 IM	16
17	100 Breast	18
19	200 Free	20
21	200 Fly	22
23	50 Free	24
25	100 Back	26
27	1650 Free***	28
29	200 Free Relay	30

***The 1650 Free will be swum at the end of prelims on Sunday (including the top heat). There will not be a finals session for this event.